

Questions?

Contact Judy Naughton, U-46
District Dietitian, at
judithnaughton@u-46.org or call
(847)-888-5000 ext. 5034

February

2024



Pre - K Breakfast & Lunch Menu

***MENU SUBJECT TO CHANGE**

Vegetarian option available upon request, contact Judy Naughton, U-46 District Dietitian, at judithnaughton@u-46.org.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	Choice of up to two fruits, two vegetables, and one milk choice, either 1% plain or flavored or unflavored fat-free milk with all entrees.			1 Breakfast: French Toast Sticks Apple Slices Lunch: Beef BBQ Rib Patty Orange or Grapes Broccoli	2 Breakfast: Yogurt & Grahams Orange or Grapes Lunch: Turkey Pepperoni French Bread Pizza Applesauce Green Beans
	5 Breakfast: Small Bowl Cereal Applesauce Lunch: Mini Cheese Quesadillas Juice Edamame	6 Breakfast: Banana Bread Juice Lunch: Chicken Mini Corn Dogs Banana Tater Tots	7 Breakfast: Mini Pancakes Banana Lunch: Chicken Patty Apple Slices Broccoli	8 Breakfast: Cinnamon Waffles Apple Slices Lunch: Beef Walking Tacos w/ Doritos Orange or Grapes Carrots	9 Breakfast: Yogurt & Grahams Orange or Grapes Lunch: Cheese Pizza Applesauce Cucumbers
12 Breakfast: Small Bowl Cereal Applesauce Lunch: Popcorn Chicken + Goldfish Graham Juice Hashbrown Rounds	13 Breakfast: Lemon Bread Juice Lunch: Turkey Sub Banana Broccoli	14 Breakfast: Chocolate Chip French Toast Banana Lunch: Beef Hamburger Fruit Slushies Fiesta Beans	15 Breakfast: Maple Waffle Apple Slices Lunch: Veggie Lunchable Orange or Grapes Carrots	16 Breakfast: Yogurt & Grahams Orange or Grapes Lunch: Pizza Bagels Applesauce Green Beans	
19 NO SCHOOL PRESIDENTS' DAY 	20 Breakfast: Zucchini Bread Applesauce Lunch: Turkey Ham and Cheese Slider + Sunflower Seeds Juice Carrots	21 Breakfast: Chicken Sausage Breakfast Sandwich Juice Lunch: Grilled Cheese Banana Corn	22 Breakfast: French Toast Sticks Banana Lunch: Beef BBQ Rib Patty Apple Slices Lima Beans	23 Breakfast: Yogurt & Grahams Apple Slices Lunch: Beef Taco Pizza Bites Applesauce Cucumbers	
26 Breakfast: Small Bowl Cereal Applesauce Lunch: Nachos (chips, cheese cup, and bean dip) Juice Pizza Fava Beans	27 Breakfast: Confetti Pancakes Juice Lunch: Turkey Sausage Links + Pancake Bites Banana Hashbrown	28 Breakfast: Chocolate Waffle Banana Lunch: Bean & Cheese Burrito Apple Slices Broccoli	29 Breakfast: Yogurt & Grahams Apple Slices Lunch: Meatball Sub Orange or Grapes Carrots	3/1 Breakfast: Blueberry Muffin Orange or Grapes Lunch: Cheese Pizza Trail Mix Cucumbers	